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THE KABUL TIMES



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Kabul 13° Partly cloudy | Kandahar 22° Partly cloudy | Herat 19° Cloudy | Jalalabad 25° Partly cloudy | Mazar-e-Sharif 18° Partly cloudy | Bamyan -2° Partly cloudy

Administrative Commission meeting discusses issues on agenda

KABUL: The meeting of the Administrative Commission was held with Mawlavi Abdul Salam Hanafi, Deputy Prime Minister for Administrative Affairs, on the chair, discussing issues on the agenda, Arg said in a statement on Friday.

At the beginning of the meeting, the assigned committees presented reports on their performance and activities regarding the tasks assigned to them by the commission, the statement said.According to the statement, issues regarding the Ministries of Public Health, Communications, and Information Technology, and the National Examination Authority have been discussed in the meeting, and necessary decisions have been made on the ground. **The Kabul Times**



Afghanistan facing propaganda war, Mujahid

KABUL: Zabihullah Mujahid, the spokesman of the Islamic Emirate said the other day in an interview with Ariana News that Afghanistan is facing a propaganda war.

Intelligence circles from several major and powerful countries are spending heavily through various channels to distort the positive efforts of the Islamic Emirate and portray the situation as hopeless for the people, Mujahid said.

"Afghanistan is facing a propaganda war. Intelligence agencies of major countries and powers are attempting to launch extensive propaganda campaigns through strong media channels, misrepresenting positive developments as negative, sowing discord, disheartening the people, and disregarding progress," Mujahid added.



In response to global concerns over increasing restrictions on women and girls, he said that women's rights in Afghanistan are "more secure than ever," asserting that any existing limitations are based on Islamic Sharia.

Mujahid also accused Pakistan of supporting Daesh, saying that Islamabad provides safe havens for the group in the Mastung region, from where Daesh organizes attacks against other nations, particularly Afghanistan.

The Kabul Times

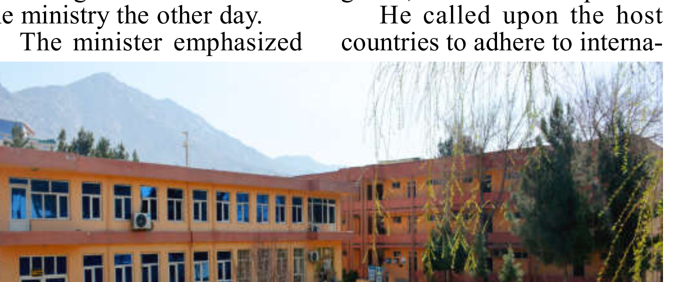
Mawlavi Kabir urges neighbors to exercise patience, compassion toward Afghan migrants

KABUL: The acting Minister of Refugees and Repatriations, Mawlavi Abdul Kabir, during separate meetings with Iranian Ambassador Alireza Begdeli and Pakistani Ambassador Obaid-ul Rehman Nizamani in Kabul, urged them to exercise patience and compassion towards Afghan migrants, according to a statement from the ministry the other day.

The minister emphasized for maintaining historical and cultural relations between Afghanistan, Iran, and Pakistan, saying that the neighboring countries have hosted millions of Afghan refugees over the years.

He urged the two countries to exercise patience and compassion towards Afghan migrants, the statement quoted.

He called upon the host countries to adhere to international refugee principles and ensure humane treatment for Afghan nationals, acknowledging the Islamic Emirate's encouragement for refugees to return home but cautioned that the current conditions in Afghanistan do not support a large-scale repatriation.



Highlighting the urgency of the situation, Mawlavi Kabir pointed out that the proposed deadline for deporting all Afghan refugees from Pakistan by the end of June is unrealistic.

"It is challenging for individuals to gather their lives and assets in such a short timeframe," the statement quoted him as saying.

Talking about the ongoing tensions at the Torkham border, he said: "Dialogue, rather than conflict or closure, is essential for resolving disputes."

Meanwhile, Nizamani assured Kabir that he would convey the Islamic Emirate's concerns to Pakistani officials, emphasizing the importance of resolving these issues through mutual understanding rather than political leverage.

Also, Begdeli said that his country is committed to cooperating with legal refugees while stressing the importance of finding permanent solutions for those who are undocumented.

He highlighted the necessity for both Afghanistan and Iran to work together to address the challenges faced by Afghan refugees and emphasized the need for legal documentation for illegal refugees residing in Iran.

The Kabul Times

Fostering economic, trade cooperation between Kabul, Tashkent discussed

KABUL: Mullah Mohammad Issa Sani, the acting Minister of Public Works, met with Aibak Usmanov, the ambassador of Uzbekistan in Kabul, discussing fostering long-term economic and trade cooperation between the two countries. According to a statement from the ministry the other day, the meeting discussed strengthening railway relations between Afghanistan and Uzbekistan, reconstruction of the Hairatan-Mazar-e-Sharif railway line, the facilitation of trade goods transportation between the two nations, and the feasibility studies concerning the Balkh-Herat railway line. Both sides reiterated their commitment to comprehensive cooperation in economic relations, trade activities, and the development, refurbishment, and standardization of the railway network connecting Afghanistan and Uzbekistan.

The Kabul Times

World Bank asked to resume projects in Afghanistan

KABUL: The Ministry of Economy of the Islamic Emirate, in a statement the other day, asked the World Bank (WB) to resume its stalled development projects in Afghanistan.

"At least 45 projects funded by the World Bank in the country have remained stalled over the past three years," said the statement.

Many of these projects are infrastructure-related and are said to have had significant impacts on Afghanistan's development.

The Health Project, which provides essential healthcare services in all 34 provinces of Afghanistan, another program facilitating support for small financing resources in Afghanistan, the Citizens' Charter Project, the Employment Generation Project, the Afghanistan Urban Development Project, the Afghanistan Skills Development Project, the Higher Education Development Program, the construction of strategic grain reserves, and the project to strengthen Afghanistan's trade systems within the framework of the World Trade Organization are among the projects that have been halted, the statement read.

Describing these projects as vital for Afghanistan's economic growth, the statement emphasized the need for the World Bank to restart their implementation.

"The World Bank previously financed multiple projects in sectors such as transport infrastructure, energy production, agriculture, health, and education. However, for more than three years, around 45 projects across various sectors have seen no physical progress and remain incomplete. Resuming these projects could create job opportunities and improve service delivery in both urban and rural areas," Abdul Rahman Habib, the ministry's spokesperson said as quoted by the statement.

The Kabul Times



Kabul, Tokyo hold talks on health cooperation

KABUL: Mullah Bakht-ur-Rahman Sharafat, the Deputy Minister of Finance and Administration of the Ministry of Public Health, met with Mikio Izawa, the Chargé d'Affaires of the Japanese Embassy to Afghanistan, to discuss the strengthening of bilateral health cooperation, the ministry said in a statement on Friday.

Praising Japan's ongoing support in enhancing Afghanistan's healthcare system, Mullah Sharafat emphasized the importance of continued collaboration and the expansion of bilateral relations to further strengthen the health sector in the country.

Meanwhile, the Japanese Chargé d'Affaires highlighted the importance of bilateral relations between Japan and Afghanistan in the healthcare domain, assuring that his country remains committed to providing further assistance and cooperation to bolster the health services in Afghanistan.

The Kabul Times

Fifty MoUs signed to encourage entrepreneurship in Afghanistan

KABUL: The acting Minister of Industry and Commerce, Nooruddin Azizi, signed 15



Memorandum of Understandings (MoUs) worth $12.5 million with 15 national and international institutions to strengthen Afghanistan's entrepreneurship sector.

According to a statement from the ministry the other day, the MoUs focus on enhancing skills and development within the industry and are set to facilitate projects in the country. Addressing the signing ceremony, Minister Azizi emphasized the importance of pursuing a halal livelihood and maintaining integrity in work, urging stakeholders to ensure that project implementations respect the rights of all rightful owners involved.

The initiatives outlined in the MoUs will cover a wide range of areas, including the development of entrepreneurial and basic skills, growth of the carpet industry, jewelry, handicrafts, market identification and assessment for small and medium enterprises, training for impoverished families in home dairy production and vegetable processing, alongside providing necessary equipment, the statement added.

Technical training in pistachio packaging and branding, and support for the installation of solar energy solutions for small and medium enterprises across 16 provinces were also among the activities that are going to be implemented under the MoUs, the statement read.

The projects are expected to create significant benefits, including increased domestic production and the establishment of small economies, the statement said, adding that 18,000 individuals are projected to directly benefit from these initiatives in various provinces, including Kabul, Paktia, Paktika, Khost, Balkh, Kandahar, Logar, Kunduz, Baghlan, Badakhshan, Badghis, Faryab, Jawzjan, Takhar, and Bamyan.

The Kabul Times

Shaikh Delawar discusses humanitarian aid with head of IFRC in Kabul

KABUL: Shaikh Shahabuddin Delawar, the head of the Afghan Red Crescent Society (ARCS), in a meeting with Ahmad Sulaiman, the acting head and representative of the International Federation of Red Cross and Red Crescent Societies (IFRC) in Afghanistan, discussed humanitarian assistance, the ARCS said in a statement the other day.

Speaking at the meeting, Shaikh Delawar expressed his gratitude for the ongoing support and collaboration provided by the IFRC, highlighting the importance of such partnerships in enhancing the humanitarian efforts within Afghanistan.

Meanwhile, Ahmad Sulaiman shared vital information regarding upcoming trips to Qatar and Geneva, outlining the arrangements for meetings with officials from various foreign embassies.



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Food for thought

Today's generation guarantees our bright future

Citizens have to use Afghani to help stabilize national currency

The Islamic Emirate banned the use of foreign currencies, including the U.S. dollar, in Afghanistan, a move the country's central bank, Da Afghanistan Bank, said could help the stability of the national currency and prevent the rise of goods prices.

People countrywide were urged to use Afghani currency in their every trade, and dollarization the economic situation and national interests required.

The U.S. dollar has been widely used in the country's markets during the past two decades of foreign forces' presence, but it shrunk after the Islamic Emirate's power takeover in mid-August 2021, causing a remarkable rise in its value.

Dollars are also used for trade in areas bordering Afghanistan's neighbors such as Pakistan, from where it flows into the country being dealt and exchanged with the national currency.

All citizens, shopkeepers, traders, businessmen, public institutions, and private sectors were asked to conduct all transactions in Afghanis and strictly refrain from using foreign currency, and anyone violating this order would face legal action.

The seizure of billions of Afghanistan overseas assets by the U.S. Federal Reserve and central banks in Europe after the Islamic Emirate took control of the country has also been one of the reasons for the rise in foreign currencies value, which is now considerably controlled through consecutive auctions by the country's central bank.

Under various pretexts, it illegally imposed sanctions on Afghanistan.

The Islamic Emirate frequently called for the release of Afghanistan's assets that are being held overseas facing the impoverished nation with heavy economic challenges.

Anyway, the most helpful way to help the national currency remain stable was the country's central bank's move to auction the dollar in the market, besides announcing a ban on the use of foreign currencies, including the dollar, Pakistan and Iranian currencies nationwide.

So, the country's national traders, shopkeepers as well as ordinary citizens should follow the instructions and use the national currency for their trades and daily affairs instead of foreign currencies.

Meditation and mental exercises: A path to inner peace and improved life quality

In today's fast-paced and stress-filled world, many people are searching for ways to alleviate tension and improve their mental well-being. One of the most effective and ancient practices for achieving this is meditation and mental exercises. These practices, which have been used for thousands of years, are not only tools for relaxation but also methods for enhancing cognitive function, emotional balance, and overall health.





Meditation is the practice of focusing the mind and eliminating the stream of thoughts that may crowd the mind.

It involves quieting the mind and achieving a state of heightened awareness and focused attention.

Traditionally, meditation has been used for spiritual growth, but modern science has discovered numerous benefits to its practice, ranging from reducing stress to enhancing cognitive abilities.

One of the primary benefits of meditation is its ability to reduce stress.

Studies show that regular meditation reduces the levels of cortisol, a stress hormone, in the body. By practicing mindfulness and focusing on the present moment, individuals can reduce their anxiety and feelings of being overwhelmed.

Meditation promotes emotional health by helping individuals gain a better understanding of their emotions.

Practices like mindfulness meditation allow people to observe their thoughts and feelings without judgment, fostering emotional balance and reducing negative emotions like fear, sadness, and anger.

Regular meditation practice can improve attention span and cognitive function. Studies have shown that individuals who meditate often experience enhanced focus, better memory, and quicker information processing.

Meditation encourages individuals to explore their inner thoughts and emotions, which can help them develop a greater sense of self-awareness.

This increased awareness can lead to positive changes in behavior and decision-making, as people become more mindful of their thoughts, feelings, and actions.

Meditation has been linked to improved sleep quality, with many practitioners experiencing deeper, more restful sleep.

By calming the mind and reducing stress, meditation helps to create the optimal mental state for falling asleep and staying asleep. Meditation has been shown to be effective in managing chronic pain. By focusing the mind and detaching from the sensation of pain, individuals can reduce their perception of pain and improve their overall quality of life.

While meditation is highly effective on its own, pairing it with specific mental exercises can further enhance its benefits. These exercises are designed to strengthen mental faculties, improve emotional resilience, and enhance the overall meditation experience.

Visualization is a mental exercise that involves picturing a peaceful scene or imagining a desired outcome. For example, one might visualize themselves achieving a goal, feeling calm in stressful situations, or healing from an illness.

Visualization helps activate the mind's creative power and can increase motivation and positive thinking.Affirmations are short, positive statements that help to reprogram the subconscious mind. For example, saying "I am confident" or "I am worthy of love and success" can shift negative thinking patterns and improve self-esteem. Repeating affirmations during meditation can enhance the sense of well-being.

Breathwork involves consciously controlling the breath to promote relaxation and mental clarity. Deep, slow breathing can activate the parasympathetic nervous system, which calms the body and mind. Pranayama, the practice of controlled breathing, is a powerful mental exercise that enhances meditation.

Cognitive Behavioral Therapy (CBT) techniques can be integrated with meditation practices to address negative thinking patterns. By identifying and challenging distorted thoughts during meditation, individuals can change unproductive thought patterns and develop healthier mental habits.

Journaling is a mental exercise that helps individuals reflect on their thoughts and emotions. After a meditation session, taking a few minutes to write down insights, feelings, and experiences can deepen the self-awareness gained through meditation.

Mindful listening involves focusing entirely on the sounds around you, whether they are natural sounds like birds chirping or the hum of a busy street.

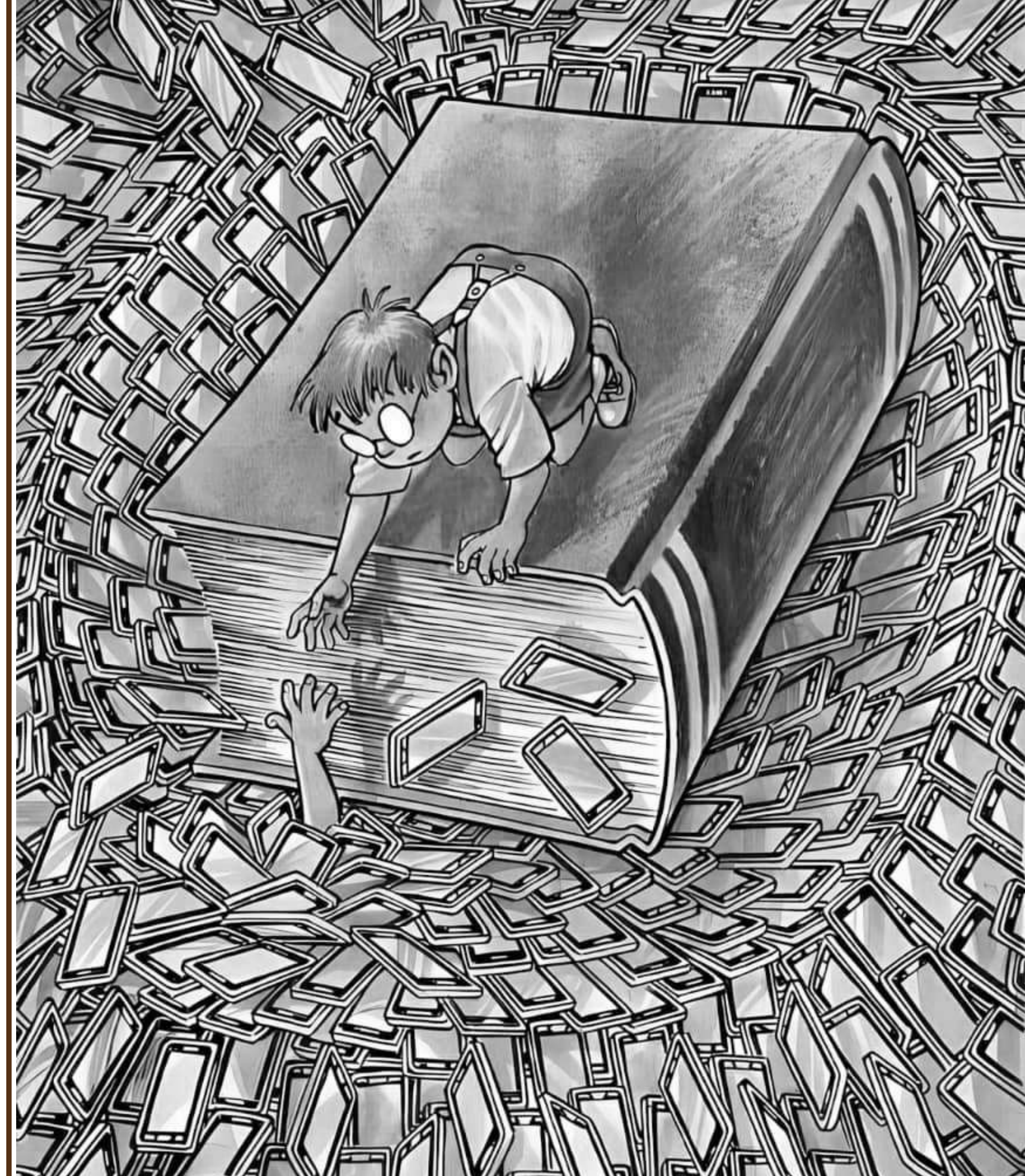
By practicing mindful listening, individuals can train their minds to focus on the present moment and block out distractions.

A body scan is a mental exercise in which you bring awareness to different parts of your body, starting from your toes and moving up to your head. This practice can be done during meditation to release tension, relax the body, and enhance mindfulness.

For meditation and mental exercises to be most effective, they should be practiced regularly. If you are new to meditation, begin with just five to ten minutes a day. Gradually increase the time as you become more comfortable with the practice.Set up a quiet, comfortable space where you can meditate without distractions. This will help signal to your mind that it's time to relax and focus.Make meditation a daily habit, just like brushing your teeth. Consistency is key to reaping the long-term benefits.

If you find it difficult to meditate on your own, there are many apps and online resources that offer guided meditation sessions. You don't have to meditate for long periods at a time. Incorporate small moments of mindfulness throughout the day, such as during your lunch break, while walking, or before going to bed.You can pair meditation with other relaxation techniques, such as yoga, stretching, or taking a warm bath to enhance its effects.Meditation and mental exercises offer numerous benefits for both the body and the mind.

By practicing meditation regularly and incorporating mental exercises such as visualization, affirmations, and breathwork, individuals can improve their emotional health, reduce stress, enhance concentration, and gain a greater sense of inner peace. With dedication and consistency, meditation can become a transformative practice that improves the overall quality of life. Start small, be patient with yourself, and experience the profound effects of meditation and mental exercises in your own life.**Dr. Bushra Parnian**



New skills, new jobs; the impact of technology on employment

For example, automation in manufacturing has reduced the need for manual labor, replacing many factory jobs with robotic systems.

Technology has revolutionized nearly every aspect of modern life, including the job market.

Over the past few decades, rapid advancements in digital tools, artificial intelligence (AI), automation, and the internet have dramatically reshaped career opportunities.

These changes have created new jobs, transformed traditional roles, and demanded new skills from employees.

In this report, we will explore how technology is reshaping career paths and what this means for job seekers and professionals.

One of the most significant impacts of technology on careers is the emergence of entirely new job roles.

Fields such as cybersecurity, data science, digital marketing, and artificial intelligence engineering did not exist or were in their infancy just a few years ago.

Companies are now seeking professionals skilled in cloud computing, machine learning, blockchain, and cybersecurity to meet modern business needs.

Additionally, the rise of e-commerce and digital content creation has given birth to new career paths such as social media management, digital branding, and influencer marketing.

With the increasing reliance on digital platforms, individuals can now turn their hobbies into profitable careers.

While technology has created new opportunities, it has also automated many traditional jobs, changing the way work is performed.

For example, automation in manufacturing has reduced the need for manual labor, replacing many factory jobs with robotic systems.

Similarly, AI-powered chatbots and customer service platforms have reduced the demand for human customer support representatives.

However, rather than eliminating jobs entirely, technology has led to the evolution of roles.

Many employees are now required to upskill and work alongside AI-driven tools to remain relevant.

For instance, accountants now use sophisticated accounting software, and marketers rely on AI-powered analytics to optimize campaigns.

Technology has also redefined where and how people work.

The rise of digital collaboration tools, video conferencing, and cloud computing has made remote work more accessible than ever before.

Many companies have embraced hybrid or fully remote work models, giving employees greater flexibility and access to global job markets.

Additionally, the gig economy has flourished, with platforms like Upwork, Fiverr, and Uber allowing people to take on freelance or contract-based work.

This shift has given individuals more control over their work schedules and income sources, breaking away from the traditional 9-to-5 employment model.

With rapid technological advancements, career success now requires continuous learning and adaptation.

Many industries are evolving at such a fast pace that professionals must regularly update their skills to stay competitive.

Online learning platforms such as Coursera, Udemy, and LinkedIn Learning have made it easier for professionals to acquire new skills in coding, data analysis, project management, and more.

Companies are also investing in employee training programs to ensure their workforce remains up-to-date with the latest technological developments.

Artificial intelligence is becoming a major force in reshaping career opportunities.

While AI can improve efficiency and automate repetitive tasks, it also raises concerns about job displacement and ethical considerations.

Many organizations are now focusing on responsible AI development and ethical technology implementation to ensure fairness in hiring, decision-making, and business operations.

At the same time, careers related to AI ethics, algorithm bias detection, and data privacy have gained importance.

Professionals specializing in these fields are increasingly in demand to help companies navigate the complex relationship between technology and ethics.

Technology has significantly transformed career opportunities by creating new job roles, evolving traditional ones, enabling remote work, and emphasizing the need for lifelong learning.

While automation and AI bring challenges, they also open doors to innovation and growth.

As technology continues to advance, professionals must remain adaptable and continuously update their skills to thrive in the modern workforce.

Mukhtar Safi

Afghanistan's confrontation with propaganda war and the need for national unity

The Islamic Emirate's spokesperson, Zabihullah Mujahid, has said that Afghanistan is confronting a propaganda war, stating that intelligence circles from several major and powerful countries are spending heavily through various channels to distort the positive efforts of the Islamic Emirate and portray the situation as hopeless for the people.Mujahid made the remarks in an interview with Ariana News.

"Afghanistan is facing a propaganda war.

Intelligence agencies of major countries and powers are attempting to launch extensive propaganda campaigns through strong media channels, misrepresenting positive developments as negative, sowing discord, disheartening the people, and disregarding progress," Mujahid added.

In recent weeks, a number of regional and international media outlets and various other channels have once again increased their propaganda against the Islamic Emirate of Afghanistan.



Their propaganda is mostly based on fake news, confuses the minds of the people, and seeks to undermine national stability.

See P4

Trump's latest remarks on weapons and ground realities

U.S. President Donald Trump, in his latest remarks, has said that the U.S. should not have left sophisticated weapons in Afghanistan, pointing out that he would move to take back weapons worth billions that the U.S. forces left behind in Afghanistan after they withdrew from the country in August 2021.

The U.S. President's claim is just empty rhetoric and has no real substance.

The U.S. war in Afghanistan, which lasted for twenty years, finally ended with the victory of the Afghan nation.

During this war, the U.S. forces left behind modern and sophisticated weapons and military equipment worth billions of dollars.

These weapons were obtained by the Afghans as spoils of war, as is the natural result of any war.

The U.S. President, in his remarks, has also stressed that his primary concern is not Afghanistan itself, but China.

"We were going to get out, but we were going to keep Bagram Air Base, not because of Afghanistan but because of China".

Trump has claimed that China is now controlling the Bagram Air Base.

Zabihullah Mujahid, the spokesperson of the Islamic Emirate, has rejected the U.S. President's assertion that China now controls Bagram, calling it false.

"Trump claims Bagram is in Chinese hands, but it is under the control of the Islamic Emirate of Afghanistan," Mujahid told the media.

"There is not a single armed Chinese individual here, nor do we have any such agreement.

Why spread such misinformation at such a high level? The leader of a major country should speak with accuracy."

According to international law, when one side loses a war and abandons its equipment, the other side takes it as spoils of war. American weapons are now in the hands of the Islamic Emirate of Afghanistan, and the claim that they will be returned seems like a fantasy.

The twenty-year occupation of Afghanistan has not only left weapons behind, but also caused huge human, economic, and social losses.

The people of Afghanistan have suffered severe human and financial losses in bombings, air raids, and brutal operations by the United States.

If we are talking about losses, then the United States needs to hold Afghanistan accountable for all these atrocities.

The U.S. war was an economic blow of billions of dollars not only to Afghanistan, but also to the Americans themselves, but they suffered these losses because of their wrong strategy.

Afghanistan is a country with a history of resistance.

The Jihad and struggles of the Afghan people against the British, the defeat of the Soviet Union, and now the destruction of the United States, all of these are proof that this nation will never bow to foreign domination.

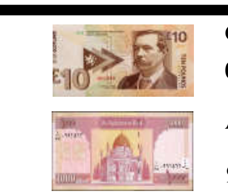
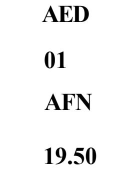
The United States thought that it would keep Afghanistan under its control forever, but the steadfast faith, courage, sacrifice, and perseverance of the Afghans proved that they were ready to make any sacrifice for independence.

The U.S. President Donald Trump's remarks that he wants to get weapons back from Afghanistan have nothing to do with reality. Not only did these weapons remain in Afghanistan as spoils of war, but the United States must also compensate the Afghan people for the atrocities and losses suffered during the years of occupation. Afghanistan is an independent country, with a great history and brave people. Not only handing over weapons, but also accepting foreign domination is not in the vocabulary of Afghans.

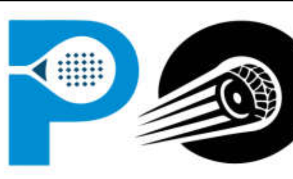


Sayed Sharif

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USD	GBP	INR	PKR	EUR	IRR	AED
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Afghanistan national futsal team defeats Greenland in four-nation tournament

Afghanistan's national futsal team secured a thrilling victory in their opening match of the four-nation tournament in Brazil, defeating Greenland 5-4 early on Friday.

The Afghan players showcased impressive skill and determination, marking a strong start to their campaign.

The match was highly competitive, with both teams displaying excellent performances.

Afghanistan's goals came from Omid Qanbari, Khodadad Ebrahimi, Farzad Mahmoodi, and Bahman Gorgich, who played key roles in the team's success.

Their coordinated attacks and solid teamwork helped them edge past Greenland in this closely contested encounter.

With this victory, Afghanistan has taken a confident step forward in the tournament.

The team is now set to face the host nation, Brazil, in their second match.

This upcoming challenge will be crucial as Brazil is considered one of the strongest teams in futsal, and Afghanistan will need to maintain its high level of performance to secure another positive result.

The four-nation tournament in Brazil features teams from Afghanistan, Iran, Greenland, and the host country, Brazil. The competition serves as an important platform for Afghanistan's futsal team to gain international experience and demonstrate their talent on a global stage.

Afghanistan's victory over Greenland has boosted the team's morale, and fans are eagerly anticipating their next match. A strong performance against Brazil could further establish Afghanistan as a rising force in international futsal.

The Kabul Times



New Zealand reaches Champions Trophy final after dominant win over South Africa

New Zealand has secured a spot in the final of the Champions Trophy after defeating South Africa by 50 runs in the second semifinal.

The victory was powered by outstanding batting performances from Rachin Ravindra and Kane Williamson, who scored 108 and 102 runs, respectively.

In a crucial match, New Zealand displayed remarkable batting resilience, with Ravindra and Williamson leading the charge.

Their centuries provided a strong foundation, helping their team set a formidable target for South Africa.

Despite South Africa's efforts, they fell short, allowing New Zealand to claim a convincing win and book their place in the final.

With this victory, New Zealand now prepares to face India in the highly anticipated final.

The championship decider is scheduled to take place this coming Sunday at the Dubai International Cricket Stadium.

Both teams have shown exceptional form throughout the tournament, setting the stage for an exciting contest.

New Zealand's qualification for the final highlights their consistency and strength in major tournaments.

Their performance against South Africa reflects their ability to handle pressure and deliver when it matters the most. Meanwhile, India, their upcoming opponent, has also been a dominant force in the tournament, making the final a thrilling showdown between two top teams.

As cricket fans around the world eagerly await the final, New Zealand will be aiming to continue their winning momentum and lift the Champions Trophy. **The Kabul Times**

Football night tournament kicks off in Helmand

The football night tournament, the "Ramadan Cup," began in Khalach's central playground, Nawa District, Helmand Province. Organized by the Football Federation under the Directorate of Physical Education and Sports, it involves 15 teams and seeks to engage youth positively during Ramadan. Running for 20 days, it offers a stage for local talent and strengthens community bonds.

This initiative is part of a wider push by provincial authorities to encourage fitness and constructive activities among young people. In Helmand, often linked to security issues, the tournament shifts focus to social good.

Night matches suit Ramadan's rhythm, catering to players and fans fasting by day and enjoying cooler evenings.

The Ramadan Cup's launch has sparked excitement among locals.

Khalach's playground buzzes with energy as crowds rally behind their teams.

Organizers stress it's more than a competition—it's about fostering friendship and unity among Nawa's youth.

With 15 teams competing, the coming weeks promise thrilling games.

The Football Federation sees this as a model for future sports efforts in Helmand, aiding the province's social and cultural growth. Amid challenges, the Ramadan Cup highlights sport's power to unite communities.

The Kabul Times

Scores of schools, madrassas reconstructed in Herat

HERAT: Mawlavi Rahmatullah Jaber, head of the Education Department of Herat, said the other day that 36 schools and madrassas worth 22.6 million Afghani have been reconstructed across the province.

Mawlavi Jaber added that local residents have donated land for several new schools, and plans are in place to construct 38 more educational institutions in the coming year.

He said that the projects are funded by the Ministry of Education.Meanwhile, locals welcomed the initiative, emphasizing the need for further investment in education and urging authorities to continue expanding access to quality learning facilities.

The Kabul Times

SpaceX's Starship explodes in latest launch setback for Elon Musk

SpaceX's Starship has exploded shortly after takeoff in the second launch failure this year for Elon Musk's interplanetary exploration programme.

But Musk's rocket company was able to successfully return its mammoth first-stage booster to the launchpad following Thursday's test-flight, catching it in its giant mechanical "chopsticks" for the third time.SpaceX's livestream showed the Starship spacecraft spinning uncontrollably in space minutes after its liftoff from the company's launch site in Boca Chica, Texas."You can see we've lost several engines and we've lost attitude control for the vehicle," SpaceX communications manager Dan Huot said during the livestream.

Aljazeera

South Korea court cancels President Yoon's arrest warrant: Reports

A South Korean court cancelled on Friday impeached President Yoon Suk Yeol's arrest warrant, paving the way for his release from jail after he was arrested in mid-January on insurrection charges over his brief imposition of martial law, Yonhap News Agency reported.

A Seoul Central District Court spokesperson could not immediately be reached for comment.

"South Korea's rule of law is still alive," Yoon's legal counsel said, according to broadcaster YTN.

Yoon is expected to be released immediately and take part in his trial while out of detention, local media said.



Yoon's lawyers had argued the warrant issued on January 19 that has kept him in detention was invalid because the request filed by prosecutors was procedurally flawed.

He declared martial law on December 3 saying it was needed to root out "anti-state" elements but lifted the decree six hours later after parliament voted to reject it.

He has said he never intended to fully impose emergency military rule.

Weeks later he was impeached by the opposition-led parliament on accusations he had violated his constitutional duty by declaring martial law.

Yoon faces a separate criminal trial and became the first sitting president to be arrested on criminal charges on January 15.

Al-Arabiya

US President Trump announces planned trip to Saudi Arabia

US President Donald Trump said Thursday that he plans to travel to Saudi Arabia in the next month and a half.

"I have a great relationship with them, and they've been very nice.

But they're going to be spending a lot of money [on] American companies for buying military equipment and other things," Trump told reporters in the Oval Office.

It is unclear if Saudi Arabia will be his first official visit abroad, but he has hinted that it could be. During his first term, Trump broke with tradition and made the Kingdom his first stop.

He has also said he expects to meet Russian President Vladimir Putin in Saudi Arabia at some point, but did not say whether he would during the upcoming trip.

After being sworn in, Trump's first call with a foreign leader was to Crown Prince Mohammed bin Salman (MBS).

During that call, MBS told Trump that Saudi Arabia was willing to invest $600 billion in the United States over the next four years.

Last month, Trump became the first American president to address Saudi Arabia's Future Investment Initiative (FII) Institute and thanked the Kingdom for hosting talks between Washington and Moscow, calling Saudi Arabia a "special place with special leaders." **Al-Arabiya**



Afghanistan's confrontation with propaganda...

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The people of Afghanistan must be vigilant against any kind of false propaganda, remain committed to their national unity, and thwart the conspiracies of the enemy.

The fact is that the Islamic Emirate of Afghanistan is united as always, has a clear and united leadership, and has full sovereignty over every part of the country.

This proves the false claims of some regional and international media outlets and various channels trying to highlight internal differences or create an atmosphere of instability.

The nation must understand that such propaganda is designed by foreign circles, whose aim is to harm the development of Afghanistan.

In such circumstances, the country's national and private media outlets operating inside the country, religious scholars, and all conscious people committed to national values need to fulfill their responsibility against the ongoing propaganda war.

The people of Afghanistan have suffered from more than four decades of wars and violence from the attacks of international invaders, both the East and the West, that have so severely damaged our country and nation culturally, economically, and socially.

Due to the continued wars and violence, we did not get the chance to work for the development and betterment of the country.

Considering the past situation and ongoing challenges facing the country and nation, every Afghan living inside and outside the country has a religious and national duty to stand by his current national sovereignty, and make every effort towards the country's all-round development, prosperity, and freedom from the needs of others.

It is the time that our educated people, intellectuals, politicians, teachers, religious scholars, and other influential people in society should understand the evil of their enemies and not be deceived by their cunning and lies.

They should make sincere efforts to the utmost to achieve mutual unity and strengthen the system.

Today, Afghans need to continue to maintain their united front, not be influenced by false propaganda, and work to further strengthen their Islamic system.

With national unity, political stability, and mutual trust, we can lead Afghanistan towards development and move it to a bright future.

Fida Mohammad